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# THIS IS HOW PATIENTS RESTORE THEIR HEART

A testimonial from Nancy, a Navitor™ TAVI patient

## "OUR LIFESPANS HAVE BEEN INCREASING BECAUSE OF TECHNOLOGY LIKE THIS."

**Heart conditions can affect anyone. Nancy, a retired educator and active swimmer who had always enjoyed good health, went to the emergency room at age 80 with her first-ever headache. As part of her care, doctors performed several tests, including an MRI. To Nancy's surprise, it was recommended she follow-up with a cardiologist—tests revealed she had aortic stenosis.**

Nancy was surprised to learn she had a heart condition, as she had always worked hard at leading a healthy lifestyle. It was difficult news to hear. She shared her diagnosis with several physician friends, who all stressed aortic stenosis was a serious condition with poor outcomes if left untreated. Nancy met with her cardiologist to better understand her condition and options for treatment.

Her cardiologist shared that she had significant calcium build-up in her aortic valve and her coronary arteries, and that her situation would worsen without treatment. In fact, almost 45% of patients with severe aortic stenosis can die within four years without treatment.[1] They discussed implanting a new valve, and Nancy was relieved to hear there is a safe and effective treatment called transcatheter aortic valve implantation (TAVI) that does not require open-heart surgery. Together they decided that TAVI therapy with the Navitor™ Valve was the best choice.

"After finding out about the procedure... **I was ready to go.**"

The very evening after her surgery, Nancy began to feel better. Today, she has more energy, and is now back to enjoying her healthy lifestyle, including swimming and taking walks on the beach. Nancy plans on outliving her grandmother, who survived into her late nineties.

**If you or a loved one are considering treatments for severe aortic stenosis, Nancy recommends talking with your doctor about the risks and benefits of TAVI therapy, and her experience with the Navitor TAVI System.**

See Important Safety Information referenced within.


## WANT TO HEAR MORE ABOUT NANCY?

Scan the code to see her story.

**AVAILABLE BY PRESCRIPTION ONLY**

## IMPORTANT SAFETY INFORMATION

### NAVITOR™ TRANSCATHETER AORTIC VALVE IMPLANTATION SYSTEM

**WHAT IS THE NAVITOR™ TAVI SYSTEM APPROVED FOR?**

Transcatheter Aortic Valve Implantation (TAVI) with the Navitor™ TAVI System provides an alternative, minimally invasive treatment option for people living with severe aortic stenosis, a condition where the aortic valve does not fully open or close, who are not candidates for open-heart surgery due to age, frailty, or other conditions that make surgery too risky.

**WHO SHOULD NOT RECEIVE TRANSCATHETER AORTIC VALVE IMPLANTATION WITH THE NAVITOR™/NAVITOR TITAN™ VALVE?**

You should not receive the Navitor/Navitor Titan valve if you have any of the following conditions: any kind of infection, including an active infection in the heart; cannot tolerate medication that thins the an alloy of nickel and titanium. The Navitor™ TAVI System has not been studied in the following patient populations and therefore should not be used in patients who: have any evidence of a blood clot (thrombus), intracardiac mass or vegetation in, on or around the heart; have narrow veins or arteries with calcification that make insertion of the delivery sheath and access to the aortic valve impossible; have stenotic (narrowed) aortic valve without calcium deposits; have a heart valve defect from birth with either one or two leaflets vs. the normal three leaflets; are pregnant or breastfeeding; are age 21 or younger at the time of diagnosis or treatment; have an ejection fraction, or volume of blood fluid, less than 20%; have unstable heart function requiring mechanical assistance or drug therapy to support the normal function of the heart; are low or intermediate surgical risk; have had a previous heart valve or ring in any position in the heart; have mixed aortic valve disease (stenosis and regurgitation); have severe mitral valve disease (calcification, stenosis or inefficiency); have a medical condition that affects the cellular or plasma components of the blood; have significant coronary artery disease that requires treatment; have abnormally thick heart muscle (hypertrophic cardiomyopathy); are on dialysis, have kidney failure or inefficiency; have known allergy or sensitivity to aspirin, heparin, ticlopidine (Ticlid), or clopidogrel (Plavix), or sensitivity to contrast media/dye; have bulky calcium build up on the valve leaflets close to the coronary ostia which are the main arteries delivering blood from the heart to the rest of the body; have significant aortic disease, including abdominal aorta, thoracic aneurysm or any other folding, bending or narrowing which would make access to the aortic valve impossible.

**WHAT ARE THE POSSIBLE COMPLICATIONS ASSOCIATED WITH TRANSCATHETER AORTIC VALVE IMPLANTATION WITH THE NAVITOR/NAVITOR TITAN VALVE?**

There are risks with any heart valve implantation procedure. The most serious risks are: death, stroke, serious damage to the arteries and serious bleeding. Additional risks include, but are not limited to: access site complications (e.g., pain, bleeding, infection, blood vessel damage); buildup of deposits (plaque) in and on the walls of coronary arteries; heart attack - blockage of blood flow to the heart muscle; allergic reaction to medication or products/devices used during the procedure (medication to prevent blood clotting, x-ray die, components of the valve delivery process); tear or burst of the aorta; irregular heart rate; disruption or injury of electrical system in your heart leading to the need for a permanent pacemaker implant; tear or separation of the layers of the wall of an artery; obstruction of an artery, typically by a clot of blood or an air bubble; inflammation of the lining of your heart; failure of your heart to pump enough blood to the body’s organs; unstable blood flow; rupture or destruction of blood cells; blood cell damage; low red blood cell count; bleeding, infection, clotting in or on the valve or tissue of the valve; loose clots in the bloodstream that may block an artery in your arms, legs, or brain; escape of blood from a ruptured blood vessel; blood pressure changes above or below the normal levels; infection; reduced blood flow to your heart, preventing the heart muscle from receiving enough oxygen; changes to the Mitral valve where it doesn’t close tightly; multi-organ failure - inflammation from a severe infection or injury causes dysfunction in two or more organ systems; wrong sizing or positioning of the implanted valve; collection of fluid or blood around your heart; perforation or tear of the heart muscle, ventricle or blood vessel; formation of scar tissue that may cover or block the valve from functioning normally; leakage of blood around the edge of the valve; valves in your heart don’t close tightly, allowing blood to flow backward in your heart; kidneys lose the ability to remove waste and balance fluids; blood doesn’t have enough oxygen or has too much carbon dioxide; sepsis; structural deterioration of the implanted valve (i.e., calcification, leaflet tear); having an abnormal particle (air or blood clots) floating in the bloodstream or attached to an object, including the valve; when extra fluid builds up in the space around the heart; when the transcatheter valve moves or is dislodged from the deployment position/location; permanent disability; the need for additional medical procedures to include blood transfusions, operation to remove the valve, use of a balloon to adjust the valve (valvuloplasty), and catheter insertion into coronary arteries to treat blockages.

**1.** Mayo Clinic. “Management of Patients With Aortic Valve Stenosis.” https://www.mayoclinicproceedings.org/article/S0025-6196(18)30072-7/fulltext. Accessed November 2025.

This testimonial relates an account of an individual’s response to the treatment. This patient’s account is genuine, typical, and documented. However, it does not provide any indication, guide, warranty, or guarantee as to the response other persons may have to the treatment. Responses to the treatment discusses can and do vary and are specific to the individual patient.

**CAUTION**: Product(s) intended for use by or under the direction of a physician. Prior to use, reference the Instructions for Use inside the product carton (when available) or at www.eifu.abbott for more detailed information on Indications, Contraindications, Warnings, Precautions and Adverse Events. Photo(s) on file at Abbott.

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