



THIS IS HOW AORTIC STENOSIS IS TREATED



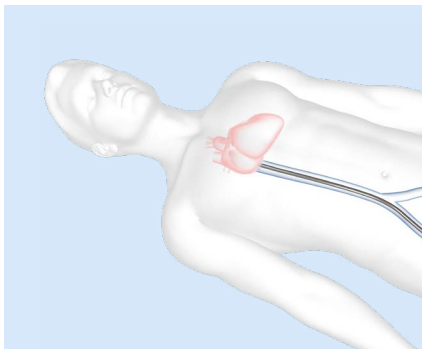
LEARN ABOUT TREATMENT OPTIONS

Receiving an aortic stenosis diagnosis can be scary. Since your aortic valve has become stiff and does not open fully, your heart has to work harder to push blood to the rest of your body. If your health care provider has suggested a valve intervention, talk with them about your options so you can make an informed decision together.



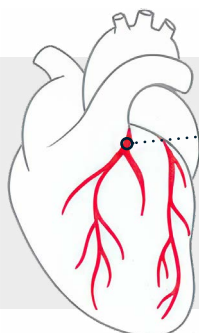
SURGICAL AORTIC VALVE REPLACEMENT¹

Often called SAVR, this open-heart procedure replaces your damaged aortic valve with either a mechanical or a bioprosthetic (tissue) valve. This replacement valve has been designed to imitate how a normal aortic valve would function.



TRANSCATHETER AORTIC VALVE IMPLANTATION²

Often called TAVI or TAVR (for Transcatheter Aortic Valve Replacement), this minimally invasive procedure places a new aortic valve in your heart without removing the old one. This is all done through a large artery in your leg or possibly another location depending on what your doctor feels is best. The new valve is inserted within the old, damaged one, displacing the diseased leaflets, and starts working right away to help your blood flow normally.



WHY DO CORONARY ARTERIES MATTER?

As we age, doctors often have to access our coronary arteries to treat conditions such as blockages. Your doctors will want to ensure your coronary arteries are easily accessible for any care your heart needs in the future.

HOW DO YOU KNOW **WHICH TREATMENT IS RIGHT FOR YOU?**

You and your healthcare provider will work together to choose the best way forward in treating your aortic stenosis. Understanding different treatment options will help you feel confident in planning your next steps, so be sure to ask any questions you have about the procedures.

GET ANSWERS FROM YOUR **HEALTH CARE PROVIDERS**

Here are some questions you may want to ask your doctors so you can make decisions with confidence — and be sure to write down any additional questions you have.

1. Is TAVI or surgical valve placement right for me? How soon should I consider having this procedure?

2. How does TAVI compare to open-heart surgery? What are the risks and benefits of each procedure?

3. What will the day of the TAVI procedure be like? What can I expect in terms of recovery and follow-up visits?

4. How long will a replacement valve last? Will I potentially need additional surgeries in the future?

5. What happens if I decide to wait? Are there risks in delaying treatment?



LEARN MORE ABOUT HEART HEALTH

Your health care provider can offer resources to learn about different treatment options, including recovery time and more.

Scan here to learn more about valve replacement.

1. American Heart Association. "Options for Heart Valve Repair." <https://www.heart.org/en/health-topics/heart-valve-problems-and-disease/understanding-your-heart-valve-treatment-options/options-for-heart-valve-repair>. Accessed November 2025.

2. American Heart Association. "What is TAVR? (TAVI)." <https://www.heart.org/en/health-topics/heart-valve-problems-and-disease/understanding-your-heart-valve-treatment-options/what-is-tavr>. Accessed November 2025.

3. J. Cardiovasc. Dev. Dis. 2024, 11, 4. <https://doi.org/10.3390/jcdd11010004>.

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